

1 **Human IGF1 pro-forms induce breast cancer cell proliferation *via* IGF1 receptor**

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23

24 **Abstract**

25

26 *Purpose* IGF1 is a key regulator of tissue growth and development and is implicated in the
27 progression and risk of carcinomas, including breast cancer. The complexity of the *IGF1* gene gives
28 rise to different precursor pro-peptides, namely the IGF1Ea, IGF1Eb and IGF1Ec pro-forms, whose
29 biological role in breast cancer pathogenesis has not been established. The objective of this study is
30 to evaluate the biological activity of IGF1 pro-forms in human breast cancer cell lines.

31 *Methods* IGF1 pro-forms were generated by transient transfection of HEK293 cells using specific
32 constructs, and conditioned media were used for MCF7, T47D and ZR751 cells in *in vitro* culture. The
33 affinity between the anti-IGF1 antibody and the IGF1 pro-forms was evaluated by
34 immunoprecipitation. To determine whether the pro-forms induce cell proliferation, we neutralised
35 the mature IGF1 in conditioned media.

36 *Results* The IGF1 pro-forms were the only forms produced intracellularly, whereas both mature IGF1
37 and IGF1 pro-forms were detected extracellularly. We demonstrated that E peptides impair the
38 accurate measurement of IGF1 pool and the pro-forms were weakly recognised by the anti-IGF1
39 antibody. We found that the IGF1 antibody completely inhibited the IGF1-induced breast cancer cell
40 proliferation and IGF1R phosphorylation, whereas the same antibody only partially inhibited the pro-
41 form biological activity. Moreover, the IGF1 pro-form activity was completely inhibited neutralising
42 the IGF1R receptor. Finally, we evaluated the bioactivity of IGF1 pro-forms compared to the mature
43 IGF1, demonstrating that the IGF1 pro-forms were less able to phosphorylate IGF1R in breast cancer
44 cells.

45 *Conclusions* This study provides the evidence that IGF1 pro-forms induce breast cancer cell
46 proliferation though with lower affinity for IGF1R. These results, together with the low level of
47 specificity of IGF1 antibodies to the pro-forms, underline the importance of an accurate analysis of
48 the proportion of the IGF1 pro-forms produced.

49

50 **Keywords:** IGF1 pro-forms · breast cancer · breast cancer cells · IGF1 receptor

51

52 **1 Introduction**

53

54 Insulin-like growth factor-1 (IGF1) plays an important role in tissue growth and development, and
55 several studies have demonstrated the association between circulating levels of IGF1 and breast
56 cancer risk [1-3]. Moreover, since the IGF1 receptor (IGF1R) is over-expressed in about 90% of breast
57 cancer cases and IGF1R levels are higher in cancer cells than in normal breast tissue [4], targeting the
58 IGF1 system remains an active area of clinical investigation.

59 IGF1 is synthesized as a precursor protein requiring proteolysis at both the N- and C- termini to
60 produce mature IGF-1 [5, 6]. The full-length precursor of IGF1, pre-pro-IGF1, contains an N-terminal
61 signal peptide, the 70 amino acid mature IGF1, and a C-terminal E-peptide extension [7]. The signal
62 peptide is cleaved during translation in the endoplasmic reticulum, resulting in pro-IGF1. The E-
63 peptide can be cleaved from pro-IGF1 by proprotein convertases like furin, resulting in mature IGF1
64 and E-peptide, but the uncleaved pro-IGF1 is also detectable in conditioned media or *in vivo* in
65 serum [8-13].

66 The complexity of the IGF1 system is enhanced by alternative splicing of the *IGF1* gene that produces
67 multiple isoforms of IGF1 (IGF1 pro-forms), that, while bearing the same sequence of mature IGF1,
68 have different N- and C-terminal extensions [5]. In humans, the alternative splicing that occurs at the
69 3' ends of the *IGF1* gene gives rise to three possible IGF1 pro-forms with different C-terminal
70 extensions, called Ea, Eb and Ec domains (Fig. 1A). Another level of complexity in IGF1 activity is the
71 glycosylation of IGF1Ea pro-form, as the human Ea-peptide of IGF-I contains an N-linked
72 glycosylation site at Asn92 [6].

73 Recent studies in humans have shown that the IGF1 splice variants are differentially transcribed in
74 response to varying conditions and pathologies, such as skeletal muscle damage [14, 15],
75 endometriosis [16] or prostate [17], cervical [18] and colorectal cancer [19]. Moreover, although it is
76 generally assumed that IGF1 exerts its biological actions predominantly through mature peptide,

77 differential biological activities have been reported for the different IGF1 pro-forms or for their E-
78 peptides, exogenously administrated or overexpressed in various *in vitro* models [6, 14, 17, 20, 21].
79 Even though the IGF1 circulating level is affected by physical activity and diet [22], the biological
80 significance of IGF1 pro-forms is currently unknown, and the physiological and molecular
81 mechanisms that regulate their expression are unclear [6]. Moreover, despite the regenerative
82 properties of the IGF-1Ea pro-form in cardiac and skeletal muscle have been extensively
83 documented [21, 29, 30], little is known about the role of pro-forms in cancer.
84 Here we report the biological activity of IGF1 pro-forms in human breast cancer cell lines. We
85 analysed the intracellular and extracellular expression of IGF1 pro-forms in transfected HEK293 cell
86 lysates and conditioned media. We cultured the MCF7, T47D and ZR751 cells in conditioned media
87 to assess whether the IGF1 pro-forms induce cell proliferation and IGF1R phosphorylation. We
88 further evaluated the bioactivity of IGF1 pro-forms compared to the mature IGF1, in terms of cell
89 proliferation, and IGF1R, AKT and ERK1/2 phosphorylation.

90 **2 Materials and Methods**

91

92 2.1 Cell culture

93 MCF7, T47D, ZR751 and HEK293 cell lines were obtained from the American Type Culture Collection
94 (ATCC, Rockville, MD, USA). Cell lines were cultured in DMEM (MCF7 and HEK293) or RPMI-1640
95 (T47D and ZR751) media supplemented with 10% fetal bovine serum, 10 mg l⁻¹ insulin (MCF7 and
96 T47D), 2 mmol l⁻¹ L-glutamine, 1x MEM Non-essential Amino Acid Solution, 0.1 mg/ml streptomycin,
97 0.1 U l⁻¹ penicillin (growth media). Cells were maintained in a humidified incubator (5 % CO₂) at 37
98 °C. Cells were used in a maximum range of fifteen passages.

99 For the experiments, after overnight incubation in growth media, breast cancer cells were starved
100 overnight in red phenol free DMEM or RPMI without FBS, and medium was changed again with the
101 same medium with or without hormones. All cell culture materials were purchased from Sigma-
102 Aldrich (St. Louis, MO, USA).

103

104 2.2 MTS cell proliferation assay

105 Triplicate samples of 5×10³ MCF7, T47D and ZR751 cells in 96-well plates were treated for 4 days
106 with mature IGF1 or IGF1 pro-forms. Cell viability was evaluated using CellTiter 96® Aqueous Non-
107 Radioactive Cell Proliferation Assay (Promega, Madison, WI, USA) based on the ability of viable cells
108 to convert a soluble tetrazolium salt (MTS) to a formazan product, as reported previously [23]. The
109 results are expressed as the relative number of viable cells in treated samples respect to controls
110 (untreated cells).

111

112 2.3 Plasmid constructs

113 Plasmid DNA constructs containing the encoding human prepro-IGF1Ea, prepro-IGF1Eb and prepro-
114 IGF1Ec were kindly provided by Dr. Joanne Tonkin and Dr. Tommaso Nastasi, European Molecular
115 Biology Laboratory (EMBL) Monterotondo (Rome, Italy). Each plasmid contained the encoding class 1

116 IGF1 48-amino acid signal peptide, mature 70-amino acid IGF1, the first 16 amino acids (aa) of the
117 COOH-terminal peptide, and C-terminal sequences encoding either the Ea (19 aa), the Eb (61 aa) or
118 Ec (24 aa) peptide.

119

120 2.4 Cell transfection

121 HEK293 cells were cultured in growth medium without antibiotics at density of 1×10^6 /well in 6 well
122 plates. After overnight incubation cells were transfected with TransIT®-LT1 Transfection Reagent
123 (Mirus Bio, Madison, WI, USA) according the manufacturer's instructions. Briefly, 2.5 µg of plasmid
124 DNA was added to 250 µl of growth medium without FBS and without antibiotics, gently mixed and
125 7.5 µl of TransIT®-LT1 Reagent was added. After 30 min of incubation at room temperature, the
126 mixture was added drop wise to the cell culture. After 5 hours of incubation, medium was replaced
127 with red phenol free DMEM without FBS. After 24 hours of incubation, supernatants were collected,
128 clarified by 1,000 rpm centrifugation for 5 min, and directly used or stored at -80°C for further
129 experiments. Transfected HEK293 cells were lysate for western immunoblot or real-time PCR
130 analyses. To increase IGF1 pro-forms production, furin convertase inhibitor chloromethylketone
131 (CMK) (Enzo Life Sciences Inc, Farmingdale, NY, USA) was added at $2.5 \mu\text{mol l}^{-1}$ final concentration
132 during transfection. To E peptides cleavage, supernatants without CMK were treated with 10 nmol l^{-1}
133 recombinant furin (R&D Systems Ltd, Minneapolis, MN, USA) overnight at room temperature with
134 gently shacking [6].

135

136 2.5 ELISA assay

137 For the quantitative determination of human IGF1 concentrations in transfected HEK293 cell culture
138 supernatants, a commercially available ELISA kit was used following the manufacturers' instructions
139 (Quantikine® ELISA DG100, R&D Systems). Data were acquired in duplicate using a microplate reader
140 (Multiskan EX, Thermo Fisher Scientific, Waltham, MA, USA) at 450 nm, and the results were
141 averaged.

142

143 2.6 Western immunoblot analysis

144 MCF7, T47D, ZR751 and HEK293 were processed for western blot analysis as previously reported
145 [24]. Briefly, cells were lysed for 20 minutes on ice with 20 mmol l⁻¹ HEPES (pH 7.9), 25 % v/v
146 glycerol, 0.42 mol l⁻¹ NaCl, 0.2 mmol l⁻¹ EDTA, 1.5 mmol l⁻¹ MgCl₂, 0.5 % v/v Nonidet P-40, 1 mmol l⁻¹
147 DTT, 1 mmol l⁻¹ Naf, 1 mmol l⁻¹ Na₃VO₄, and 1× Complete protease inhibitor cocktail (Roche
148 Diagnostics Ltd, Mannheim, Germany). Cell lysate was frozen and thawed twice and clarified by
149 centrifugation at 12,000 rpm for 10 minutes at 4°C. Proteins from HEK293 cell supernatants were
150 concentrated using Amicon Ultra 3K centrifugal filter unit (Merck Millipore, Billerica, MA, USA). Total
151 cell lysates and concentrated supernatants were fractionated by SDS-PAGE and gels were
152 electroblotted onto a nitrocellulose membrane (0.2 µm pore size) (Bio-Rad Laboratories Inc,
153 Hercules, CA, USA). Blots were probed with the following primary antibodies: anti phospho-IGF1
154 Receptor β (3024), IGF1 Receptor β (3027), phospho-p44/42 (ERK1/2) (9101), p44/42 (ERK1/2)
155 (9102), phospho-Akt (Ser473) (9271) and Akt (9272) purchased from Cell Signalling Technology
156 (Beverly, MA, USA); anti IGF1 (I8773) purchased from Sigma-Aldrich. Bands were detected using
157 horseradish peroxidase-conjugated secondary antibody (Bio-Rad Laboratories Inc). Blots were
158 treated with enhanced chemiluminescence reagents (ECL Kit, Amersham Bioscience, Arlington
159 Heights, IL, USA), and the immunoreactive bands were detected and quantified by Chemi-Doc
160 System (Bio-Rad Laboratories Inc) equipped with the Quantity One software.

161

162 2.7 RNA extraction, cDNA synthesis and qRT-PCR

163 Total RNA was extracted and purified using the Omega Bio-Tek E.Z.N.A.TM Total RNA kit (Omega Bio-
164 Tek, Norcross, GA, USA) according to the manufacturer's instructions. After DNA digestion with
165 DNase I enzyme (Qiagen, Hilden, Germany) complementary DNA was synthesized from 1 µg of total
166 RNA using Omniscript RT (Qiagen) and random hexamers. Real time RT-PCR was performed with two
167 microliters of cDNA in a Applied Biosystems StepOnePlusTM Real Time PCR System using TaqMan®

168 Universal PCR Master Mix No AmpErase[®] UNG and using premade 6-carboxyfluorescein (FAM)-
169 labeled TaqMan assays for human IGF1 (Hs01547656_m1) and GAPDH (Hs03929097_g1) (Applied
170 Biosystems, Foster City, CA, USA). Gene expression data are expressed using the 2^{-ΔCT} method. The
171 real-time PCR conditions were: 95°C for 10 min followed by 40 cycles of two-steps at 95°C for 15 sec
172 and 60°C for 1 min. The specificity of the amplification products was confirmed by examining
173 thermal denaturation plots and by sample separation in a 4% DNA agarose gel.

174

175 2.8 Immunoprecipitation

176 To prepare magnetic beads for immunoprecipitation, Dynabeads[®] Protein G (Life Technologies,
177 Monza, Italy) were washed twice with PBS/0.1% Tween-20 and incubated with 5 μg of IGF1 antibody
178 (Sigma) for 1 hour at room temperature with end-over-end rotation. Bead-antibody complex was
179 washed with PBS/0.1% Tween-20 and the IGF1 monoclonal antibody was covalently bound to the
180 beads using BS³ as cross-linkers according to the manufactures instructions (Thermo Scientific,
181 Milano, Italy). Subsequently, beads were washed three times with PBS/0.1% Tween-20 to remove
182 non-covalently bound antibodies and were incubated with 1 ml of tissue culture supernatant for 1
183 hour at room temperature with end-over-end rotation. The beads were washed three times with
184 washing buffer and bound proteins were eluted by heating the beads for 10 minutes at 70°C in 20 μl
185 of elution buffer and 10 μl of SDS-PAGE sample buffer.

186

187 2.9 IGF1 and IGF1R neutralisation

188 To neutralise IGF1 activity, culture medium containing IGF1 or IGF1 pro-forms was incubated with 3
189 μg/ml of anti-IGF1 (Sigma) for 1 hour at 37°C. MCF7 and ZR751 cells were then cultured in IGF1-
190 neutralised media for the evaluation of cell proliferation and IGF1R phosphorylation. To neutralise
191 IGF1R, cells were pre-incubated with 5 μg/ml of anti-IGF1R (R&D System) for 1 hour at 37°C and
192 treated with IGF1 or IGF1 pro-forms for the evaluation of cell proliferation and IGF1R
193 phosphorylation.

194

195 2.10 Statistical analysis

196 Statistical analysis was performed using one-way or two-way ANOVA as appropriated followed by

197 Bonferroni's multiple comparison post hoc tests (GraphPad Software, Inc., La Jolla, CA, USA).

198 **3 Results**

199

200 3.1 Analysis of IGF1 pool in HEK293 transfected cells

201 IGF1 pro-forms were obtained by transiently transfection of HEK293 cells with specific constructs for
202 each pro-form. Transfected cells lysates and supernatants were analysed by western
203 immunoblotting using an IGF1 antibody directed against the mature region of IGF1. The amount of
204 IGF1 in the supernatants were quantified by ELISA, concentrated with filter columns, and 50 ng of
205 IGF1 were loaded in the gel. Our results showed that IGF1 pro-forms are the only forms produced
206 intracellularly by transfected HEK293 cells, whereas both mature IGF1 and IGF1 pro-forms were
207 detected extracellularly (Fig. 1b). Notably, both the glycosylated and non-glycosylated IGF1Ea were
208 detected in the cell lysate, while only the glycosylated IGF1Ea pro-form (gly-IGF1Ea) was secreted.
209 Moreover, IGF1Eb and IGF1Ec showed additional bands at higher molecular weight, suggesting that
210 also these pro-forms are subjected to extensive post-translational modifications.

211

212 3.2 E peptides impair the accurate quantification of the IGF1 pool

213 As previously described, the quantity of gly-IGF1Ea pro-form is partially underestimated in non-
214 denaturing conditions such as ELISA assays, suggesting that the E peptide could impair the affinity
215 between IGF1 and IGF1 antibodies [13]. In order to check if ELISA assay gives an accurate measure of
216 the IGF pool, HEK293 cells were transfected with IGF1Ea, IGF1Eb and IGF1Ec expression vectors with
217 or without the furin inhibitor CMK. The same efficiency of IGF1 mRNA expression was obtained in
218 CMK-treated and untreated cells (Supplementary Fig. S1). The supernatants were analysed in both
219 ELISA and western immunoblot after filter column concentration for the IGF1 quantification. As
220 shown in Fig. 2a, western blot analysis of conditioned media from HEK293 treated or untreated with
221 CMK did not show a variation in total IGF1 pool (mature IGF1 and pro-forms). The ELISA
222 quantification of gly-IGF1Ea enriched media did not differ after CMK treatment, whereas there was a
223 significant reduction of IGF1, after CMK treatment, in IGF1Eb and IGF1Ec enriched media (Fig. 2b).

224 Therefore, the E peptides in the IGF1 pro-forms could impair the affinity to the anti-IGF1 antibody
225 under non-denaturing conditions and hence the accuracy of the ELISA result.

226 To further confirm this hypothesis, conditioned media obtained from HEK293 transfected with IGF1
227 pro-forms were immunoprecipitated with Dynabeads coupled with an anti-IGF1 antibody. The
228 proteins bound to the bead-antibody complex were subsequently recovered and analysed by
229 western blotting. As shown in Fig. 2c, the gly-IGF1Ea pro-form was, at least partially, recognized by
230 the anti-IGF1 antibody, whereas there was only a weak immunoprecipitation of IGF1Eb and IGF1Ec
231 pro-forms. These results confirm that E peptides, in the IGF1 pro-forms, impair the accurate
232 measurement of IGF1 pool.

233

234 3.3 Biological activity of the IGF1Ea, IGF1Eb and IGF1Ec enriched media

235 The activity of each IGF1 pool in MCF7 and ZR751 human breast cancer cells has been evaluated in
236 term of cell proliferation and IGF1R phosphorylation.

237 Cell proliferation was evaluated using the MTS cell proliferation assay, an indirect assay that
238 evaluates cell metabolic activity. MCF7 cells were firstly grown with increasing concentration of
239 mature IGF1, and after 4 days of culture, cell proliferation was evaluated with both MTS assay and
240 cell count. As shown in supplementary Fig. 2S, both methods give similar results.

241 Cells were then cultured in IGF1 pro-form-enriched media, previously normalised to 10 ng/ml using
242 an ELISA kit. Importantly, at this point we were unable to accurately quantify the total IGF1 pool
243 (mature IGF1 and pro-forms) in IGF1 pro-form-enriched media using ELISA assay and therefore, were
244 unable to directly compare the effects between each IGF1 pool.

245 The IGF1 pro-form-enriched media significantly induced both MCF7 and ZR751 cell proliferation
246 compared to the control (unstimulated cells) (Fig. 3a and b). It was not possible to evaluate the
247 proliferation in T47D cells because of their poor growth in serum free medium (not shown).
248 Supernatants of HEK293 cells not-transfected or transfected with empty vector did not induce cell
249 proliferation (not shown). The IGF1 antibody was then used to neutralize the activity of mature IGF1.

250 As shown in Fig. 3a and b, the IGF1 antibody completely inhibited the IGF1-induced cell proliferation,
251 whereas the same antibody only partially inhibited MCF7 (Fig. 3a) and ZR751 (Fig. 3b) cell
252 proliferation induced by HEK293 supernatants containing the IGF1 pro-forms. Moreover, the IGF1
253 antibody markedly inhibited the IGF1R phosphorylation induced by mature IGF1 but not the
254 phosphorylation induced by IGF1 pro-forms (Fig. 3c and d). These results suggest that the IGF1 pro-
255 forms induced breast cancer cell proliferation and IGF1R phosphorylation.

256 The activity of IGF1 pro-forms is IGF1R dependent. In fact, by inhibiting IGF1R activation with an
257 IGF1R antibody, neither cell proliferation nor IGF1R phosphorylation induced by mature IGF1 or IGF1
258 pro-forms were detected (Fig. 3).

259

260 3.4 Biological activity of mature IGF1 vs. IGF1 pro-forms

261 To evaluate IGF1 pro-form activity compared to mature IGF1, supernatants containing different
262 ratios of mature IGF1 and pro-forms were produced. Recombinant furine was used to induce E
263 peptide cleavage and increase the amount of mature IGF1. Furin convertase inhibitor CMK was used
264 to inhibit E peptide cleavage and increase IGF1 pro-form amounts during transfection. Supernatants
265 were concentrated with filter columns and analysed in western immunoblot using an IGF1 antibody.
266 Our results showed that CMK markedly increased the IGF1 pro-form amount, while in supernatants
267 treated with furine, the IGF1 pro-forms were not detectable (Fig. 4a, 4b and 4c).

268 MCF7 cells were then cultured in two-fold diluted conditioned media (from 1:4 to 1:32) containing
269 different ratios of mature IGF1 and pro-forms, and cell proliferation and phosphorylation of IGF1R,
270 AKT and ERK1/2 were evaluated at the indicated times. No significant differences in MCF7 cell
271 proliferation were detected (supplementary Fig. S3a-b-c). On the other hand, by increasing the
272 amount of gly-IGF1Ea pro-form in cell culture, the IGF1R phosphorylation was found to be markedly
273 reduced (Fig. 5a), suggesting a minor affinity of gly-IGF1Ea for IGF1R. While increasing the amount of
274 gly-IGF1Ea also reduced AKT phosphorylation in MCF7 cells, it did not affect ERK1/2 phosphorylation
275 (Fig. 5a).

276 Lower levels of IGF1R phosphorylation were also observed in MCF7, cultured with higher amounts of
277 IGF1Ec and partially with IGF1Eb, while no differences of AKT and ERK1/2 phosphorylation were
278 observed (Fig. 5b and 5c).

279 The activity of IGF1 pro-forms compared to mature IGF1 was also evaluated in T47D and ZR751
280 breast cancer cell lines (Fig. 6). Confirming the results obtained in MCF7 cells, we found that the
281 glycosylated IGF1Ea and the IGF1Ec pro-forms were less able to phosphorylate IGF1R in both T47D
282 (Fig. 6a) and ZR751 (Fig. 6b) cells.

283 Furin and CMK did not alter the phosphorylation of IGF1R, AKT and ERK1/2 induced by mature IGF1
284 (supplementary Fig. S3d).

285 **5 Discussion**

286

287 The IGF pathway has a well-documented role in the development and/or progression of breast
288 carcinomas [2]. The complexity of *IGF1* gene splicing and post-translational modifications gives rise
289 to a different precursor of IGF1 polypeptides, namely the IGF1Ea, IGF1Eb and IGF1Ec pro-forms in
290 humans, that share mature peptide, but differ by the structure of their extension peptides, or E-
291 peptides, on the C-terminus [5, 6].

292 The IGF1 pro-forms also undergo posttranslational modifications, such as glycosylation and
293 proteolytic processing by proprotein convertases such as furin [6]. Convertase-mediated cleavage
294 generally occurs intracellularly [25], but it has also been reported that there are potential proprotein
295 convertases that could process pro-IGF1 extracellularly, resulting in secretion of unprocessed IGF1
296 pro-forms [10, 13]. Our data confirm this evidence, revealing that the IGF1 pro-forms are the
297 predominant forms inside the transfected HEK293 cells, and they are also abundantly secreted in cell
298 culture media. Our results also show that the non-glycosylated IGF1Ea is detectable in the cell lysate
299 only, whereas only the glycosylated form was secreted. The Ea-peptide of human IGF1 is the unique
300 E peptide that contains an N-linked glycosylation site, and it has been hypothesized that
301 glycosylation may play a role in IGF1 biological activity modulation, such as bioavailability [26].
302 Interestingly, our data revealed that both IGF1Eb and IGF1Ec are subject to posttranslational
303 modification, which still need to be completely identified.

304 As reported by Durzyńska *et al.* [13], the ELISA measurements are more sensitive to mature IGF1
305 than the pro-forms, suggesting that the presence of the E-peptide impaired the ability of the IGF1
306 antibody to recognize the native protein. Our results support this hypothesis, showing that the IGF1
307 antibody has higher affinity for the mature IGF1 with respect to the IGF1 pro-forms, especially for
308 IGF1Eb and IGF1Ec. Moreover, according to the literature [13], the ELISA quantification appears
309 impaired in supernatants with a large amount of pro-forms obtained with CMK during transfections,
310 even though immunoblotting did not show a decrease in total IGF1. Thus, it is difficult to compare

311 the bioactivity of the different pro-forms, as the E-peptide in pro-IGF1 impaired the ability to
312 accurately measure and subsequently normalise the IGF1 content under non-denaturing conditions.
313 Since it was unclear whether pro-IGF1 is bioactive or simply an inactive precursor or source for
314 mature IGF1 [7], we cultured MCF7 and ZR751 cells in IGF1-neutralised conditioned media. As
315 expected, the IGF1 antibody is able to completely neutralise the activity of mature IGF1 in terms of
316 cell proliferation and IGF1R phosphorylation. On the contrary, the IGF1 antibody is ineffective in the
317 inhibition of cell proliferation and IGF1R phosphorylation of cells cultured in conditioned media
318 containing the IGF1 pro-forms. These results suggest that the IGF1 pro-forms are able to induce
319 breast cancer cell proliferation. *In vitro* studies have suggested that the E-peptides of the human
320 IGF1 precursors may act as independent growth factors inducing mitosis, independently from IGF1R
321 [6]. In contrast, our results show that by neutralising IGF1R, the induction of cell proliferation
322 induced by mature IGF1 or pro-forms was completely inhibited, suggesting that IGF1 pro-hormones
323 induce cell proliferation *via* IGF1R activation.

324 Despite the large amount of evidence regarding the biological activity of E peptides, little is known
325 about IGF1 pro-form bioactivity [6, 13, 21, 27]. In this study, the biological activity of the IGF1 pro-
326 forms compared to mature IGF1 has been evaluated. We generated a set of conditioned media
327 containing different ratios of mature IGF1 and pro-forms using proprotein convertase furin to induce
328 pro-form cleavage and increase mature IGF1 amounts, and using convertase inhibitor CMK during
329 transfection to inhibit pro-form cleavage and increase IGF1 pro-form amounts. Results show that
330 culturing MCF7, T47D and ZR751 cells with increasing amounts of IGF1 pro-forms, the
331 phosphorylation of IGF1R markedly decreased. This correlates with recent evidence showing that
332 glycosylated pro-IGF1Ea is less efficient at receptor activation than pro-IGF1 and mature IGF1 [13].

333 Despite the fact that pro-forms decreased the activation of IGF1R, no significant differences were
334 revealed in cell proliferation and ERK1/2 phosphorylation compared to the mature IGF1.
335 Interestingly, the phosphorylation of AKT in MCF7 cells seems to be affected by gly-IGF1Ea. It has
336 been suggested that IGF1Ea could activate alternative IGF1R downstream pathways [6], as the

337 canonical PI3K/AKT/mTOR signaling pathway was not induced in the transgenic mice overexpressing
338 IGF1Ea [28, 29]. However, the effect of gly-IGF1Ea on AKT phosphorylation in breast cancer cells
339 need to be confirmed.

340 In conclusion, our results provide new evidence that IGF1 pro-forms induce breast cancer cell
341 proliferation *via* IGF1R phosphorylation. There are data supporting the role of IGF1 pro-forms in
342 cancer, such as prostate [17], cervical [18] and colorectal cancer [19]; however, the biological activity
343 of IGF1 variants in breast cancer pathogenesis has not been established, and no analytical methods
344 are available to detect and quantify IGF1 pro-forms. In fact, the available methods imply the use of
345 antibodies, which recognise the mature IGF1 peptide, underestimating the pro-forms. The lower
346 level of specificity of IGF1 antibodies to the pro-forms could also have implications in breast cancer
347 therapy because a targeted strategy includes the use of the IGF1 antibody to neutralise the IGF
348 system [31].

349 The lower affinity of pro-IGF1s for IGF1R, together with the poor prognosis associated with higher
350 IGF1R expression, make the search for regulatory mechanism(s) and potentially specific bioactivity of
351 the various IGF1 peptides an area of particular interest, and further studies will focus on the
352 identification of the pro-IGF1s as candidates for positive prognostic factors.

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356

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359

360 **Declaration of interest**

361 The authors declare that there is no conflict of interest that could be perceived as prejudicing the
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462

463

464

465 **Figure legends**

466

467

468 **Fig. 1**

469 Human IGF1 pro-forms. **(a)** Schematic presentation of mature IGF1 and IGF1 pro-forms. **(b)** Western
470 blot analysis of HEK293 cells transfected with specific constructs. Cell lysates and supernatants (SN)
471 were analysed after 24 hours post-transfection using an anti-IGF1 antibody. Images are
472 representative of three replicates giving similar results.

473

474 **Fig. 2**

475 Mature IGF1 and IGF1 pro-forms affinity with anti-IGF1 antibody. Quantification of mature IGF1 and
476 IGF1 pro-forms from a representative set ($n = 3$) of transfected HEK293 cells using **(a)** western blot
477 analysis and **(b)** ELISA. Furin convertase inhibitor chloromethylketone (CMK) was used to increase
478 IGF1 pro-form production. **c** Representative western blot of immunoprecipitation of mature IGF1
479 and HEK293 supernatants containing IGF1 pro-forms using Dynabeads-anti-IGF1 complex. Arrows
480 indicate IGF1 pro-forms.

481

482 **Fig. 3**

483 IGF1 pro-forms induced cell proliferation *via* IGF1R. **(a)** MCF7 and **(b)** ZR751 cell proliferation
484 cultured 4 days with mature IGF1 (10 ng/ml) or HEK293 supernatants containing IGF1 pro-forms
485 (means \pm SEM; $n=3$). Cell proliferation was evaluated by MTS assay. Data are expressed as relative
486 proliferation *vs.* unstimulated cells. *** Significantly different, $P<0.001$; ns: not significantly
487 different; 1-way ANOVA followed by Bonferroni's multiple comparison test. Representative western
488 blot ($n = 3$) of phospho-IGF-R levels in **(c)** MCF7 and **(d)** ZR751 cells stimulated for 10 minutes with
489 mature IGF1 or HEK293 supernatants containing IGF1 pro-forms. IGF1R was used as a loading
490 control. Densitometry values for specific proteins presented relative to unstimulated cells (set as

491 onefold), are included below the lanes. An IGF1 antibody was used to neutralise IGF1 biological
492 activity. An IGF1R antibody was used to inhibit IGF1R phosphorylation/activation.

493

494 **Fig. 4**

495 IGF1 pro-forms production and E peptides cleavage. Representative western blot on supernatants of
496 HEK293 cells transfected with specific constructs for (a) IGF1Ea, (b) IGF1Eb and (c) IGF1Ec pro-forms.
497 Mature IGF1 and IGF1 pro-forms were detected using an IGF1 antibody. Furin convertase inhibitor
498 CMK was used to increase IGF1 pro-form production. Recombinant furin was used to E peptides
499 cleavage.

500

501 **Fig. 5**

502 Phosphorylation of IGF1R, AKT and ERK1/2 in MCF7 cells. Representative western blot ($n = 3$) of
503 phospho-IGFR, phospho-AKT and phospho-ERK1/2 levels in MCF7 cells stimulated for the indicated
504 times with HEK293 supernatants containing mature IGF1 and (a) IGF1Ea, (b) IGF1Eb and (c) IGF1Ec
505 pro-forms. IGF1R, AKT and ERK1/2 were used as loading controls. Densitometry values for specific
506 proteins presented relative to unstimulated cells (set as onefold), are included below the lanes.

507

508 **Fig. 6**

509 Phosphorylation of IGF1R, AKT and ERK1/2 in (a) T47D and (b) ZR751 cells. Representative western
510 blot ($n = 3$) of phospho-IGF1R, phospho-AKT and phospho-ERK1/2 levels in cells stimulated for 60
511 minutes with HEK293 supernatants containing mature IGF1 and IGF1Ea, IGF1Eb and IGF1Ec pro-
512 forms. IGF1R, AKT and ERK1/2 were used as loading controls. Densitometry values for specific
513 proteins presented relative to unstimulated cells (set as onefold), are included below the lanes.

514

515 **Fig. 7**

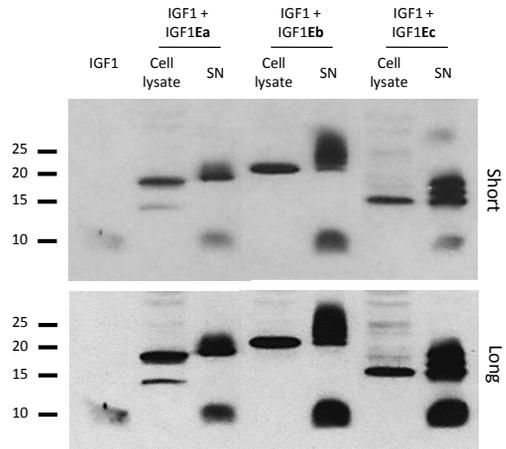
516 Schematic presentation of IGF1 pro-form biological activity in breast cancer cells. (a) IGF1 induces
517 IGF1R phosphorylation that is completely inhibited neutralizing IGF1 or IGF1R. (b) E peptide
518 decreases the IGF1R phosphorylation induced by IGF1. The IGF1 neutralisation is ineffective to
519 inhibit IGF1R phosphorylation that is completely inhibited by IGF1R neutralization.

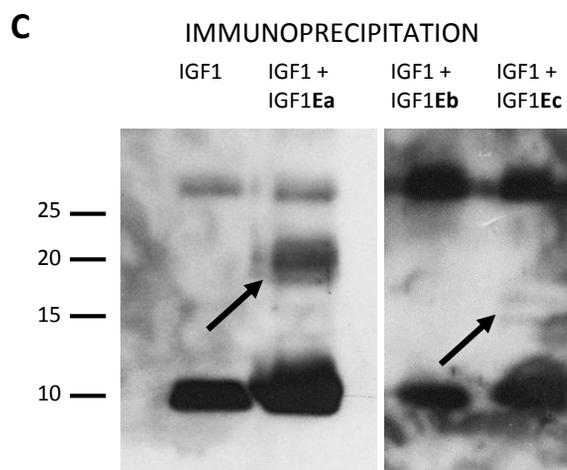
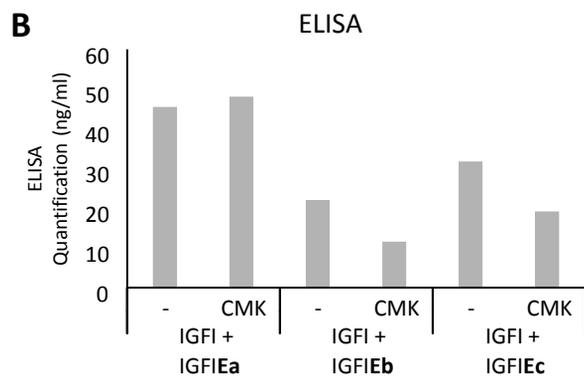
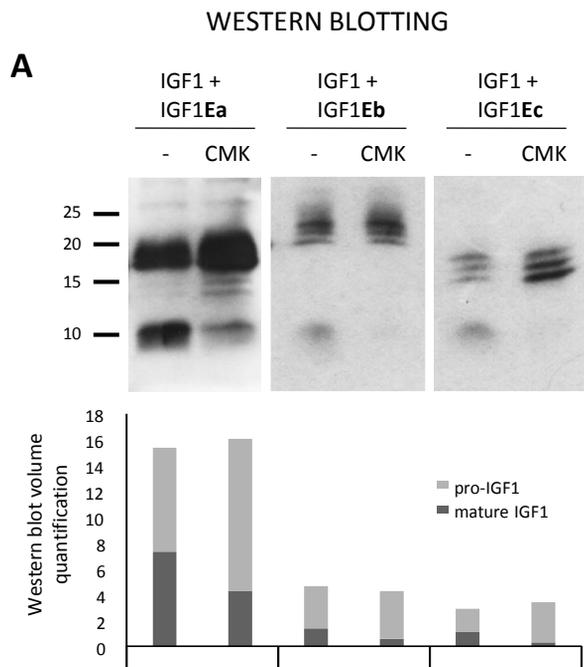
520 Or...

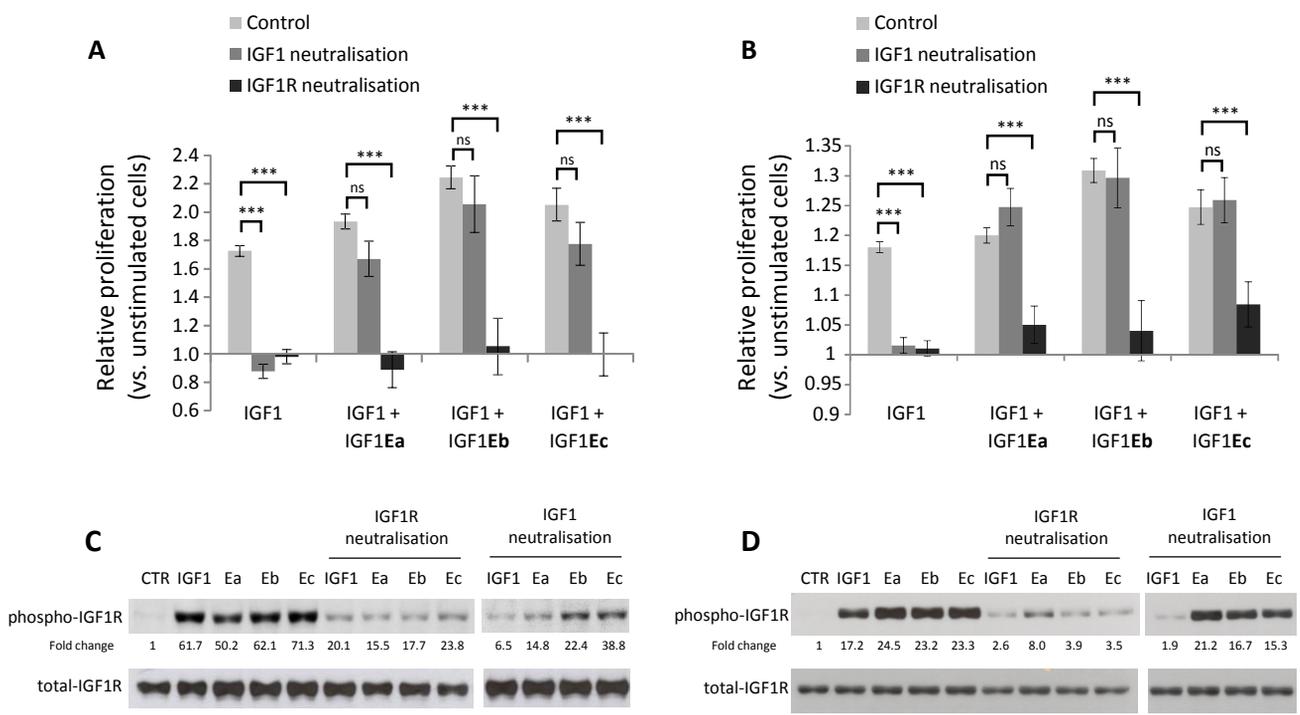
521 Schematic presentation of IGF1 pro-form biological activity in breast cancer cells. (a) IGF1R
522 phosphorylation induced by mature IGF1, with or without the IGF1 or IGF1R neutralization. (b) IGF1R
523 phosphorylation induced by IGF1 pro-forms, with or without the IGF1 or IGF1R neutralization.

figure 1

[Click here to download line figure: De Santi_FIG.1.pdf](#) **Fig. 1**







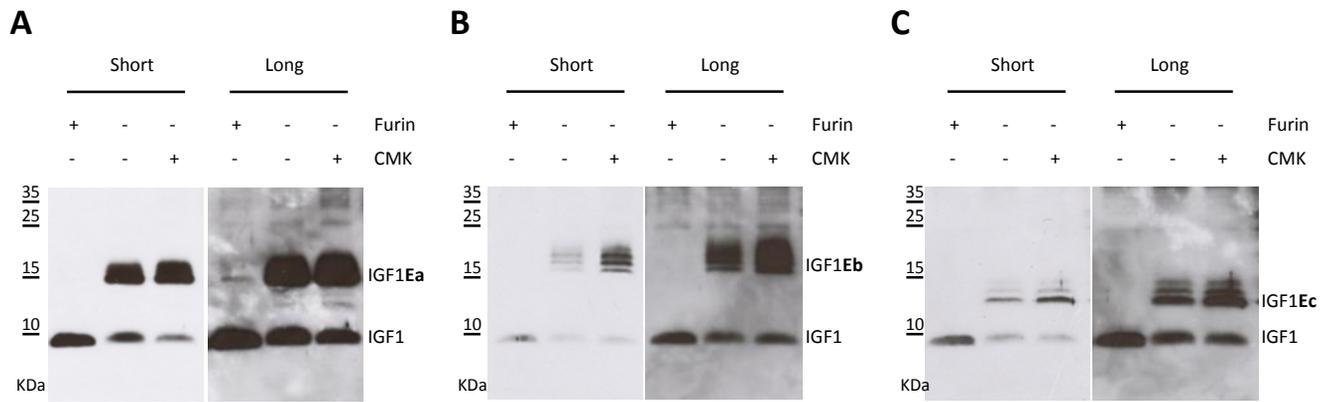
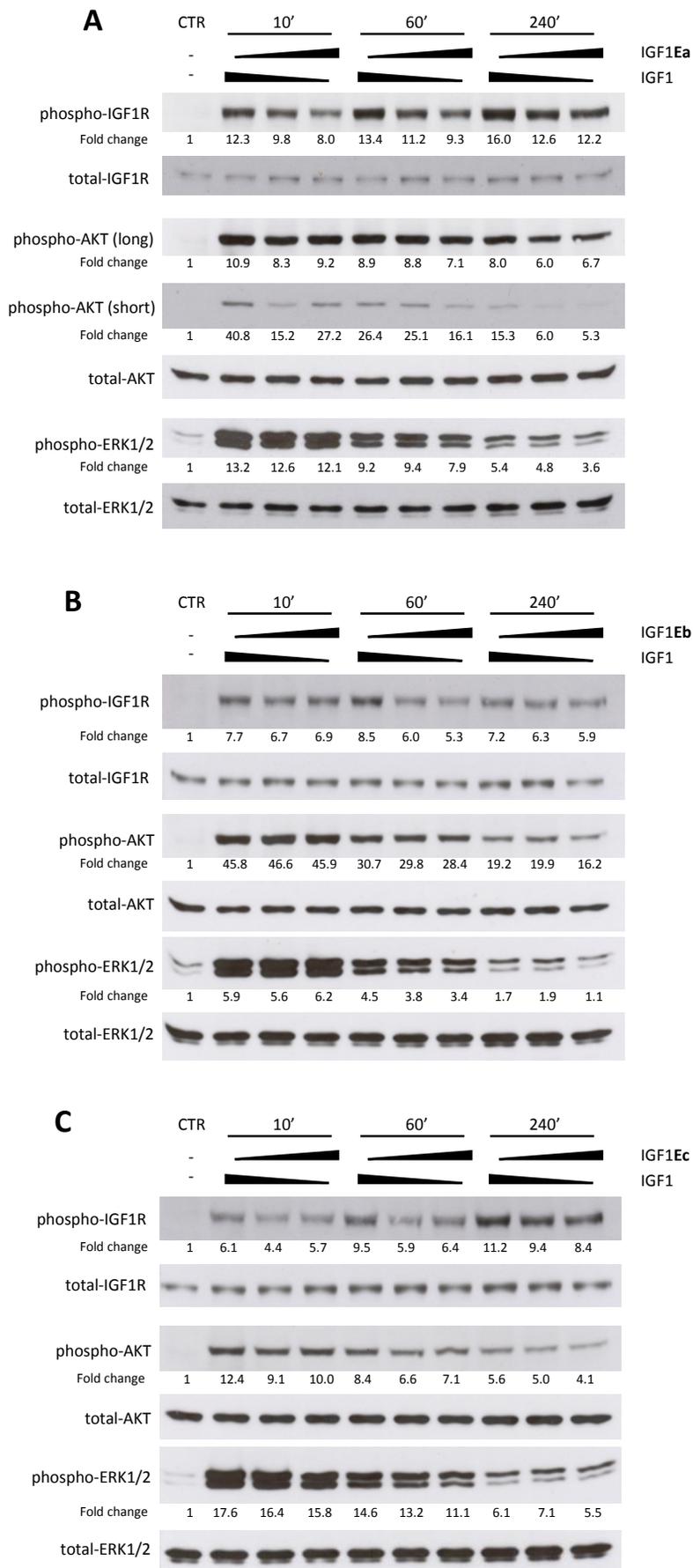
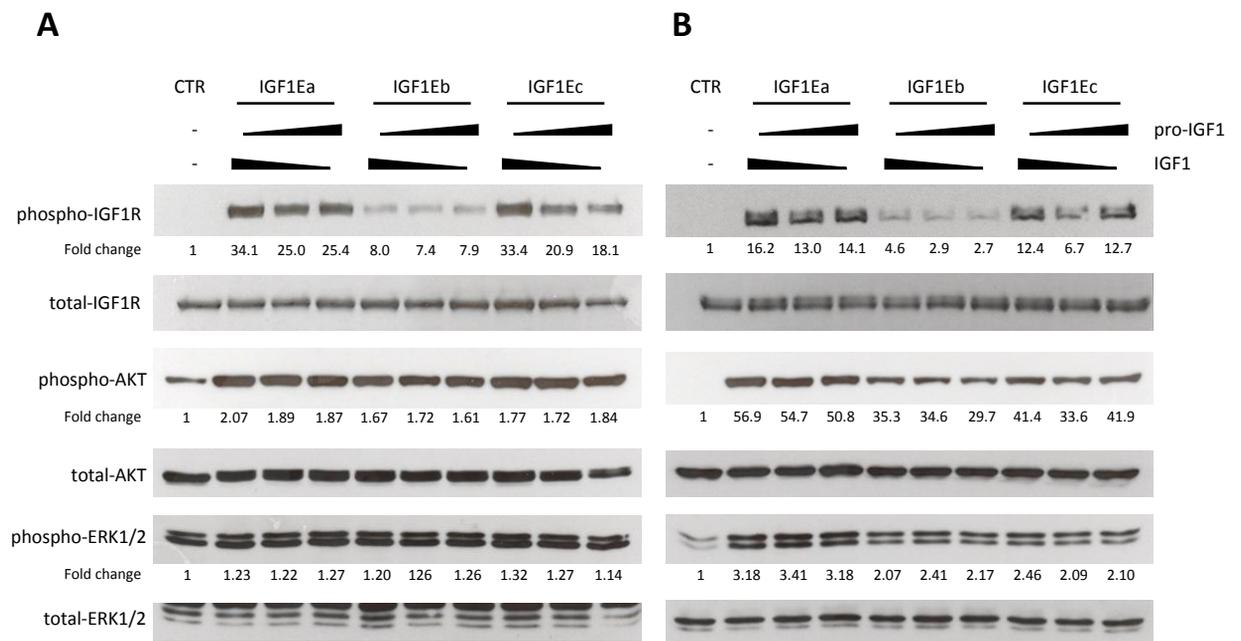


figure 5

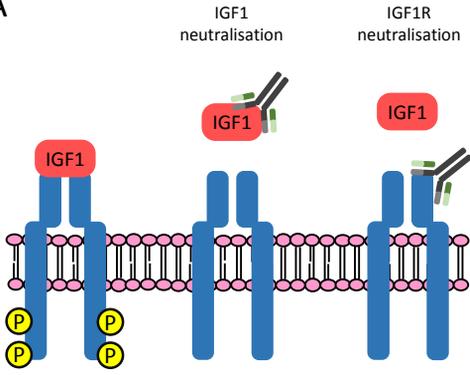
[Click here to download line figure: De Santi_FIG.5.pdf](#)

Fig. 5

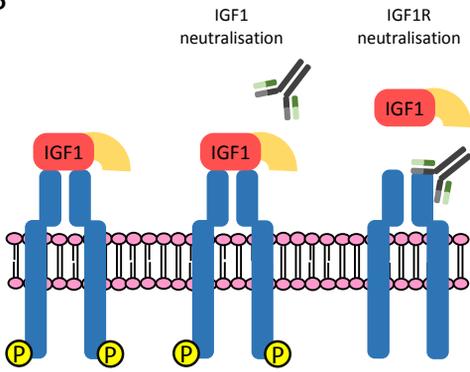




A



B



Legend

